

Poole-Wau Partnership

2024 Holes Bay Walk

13th July 2024

7-mile walk around Holes Bay OR 3-mile walk in Upton Country Park

WALK INFORMATION LEAFLET

The aims of the walks are to enjoy the great natural and town environments of our area and to raise money in support of PWP's work with the Diocese of Wau and St John's College, Wau.

YOUR CHOICE OF ROUTES

1. **The Classic Holes Bay Walk** (7 miles – allow 2+ hours). Starting from **St Dunstan's Church, Upton BH16 5JA**, into Upton Country Park, then following the western shoreline of Holes Bay through Hamworthy and over Poole Bridge to Poole Quay. Then through Old Poole and back to Upton around the eastern shore of Holes Bay. About half is in the town and half in the countryside or along the waterside.
 2. **Upton Country Park Walk** (3 miles – about 1 hour or a bit more if you are a slow walker). All on good surfaces, this walk is fine for all ages. Also starts from **St Dunstan's Church, Upton BH16 5JA**.
- Detailed maps and instructions covering both walks will be available at the start.

DATES, TIMES & CHECK-IN

- The date of the walk is **Saturday 13th July 2024** (close to the anniversary of South Sudan's independence).
- Starting time for the 7-mile walk is **0930**. We would like to flag everyone doing the longer route off then, starting the walk together (though inevitably walkers will spread out as their speed will vary).
- Start time for the 3-mile walk is **1030**. We would like to flag everyone doing the shorter route off then.
- Walkers must check in at St Dunstan's Church at the start, where detailed maps and instructions will be issued. Please **bring a mobile phone** and give us the number in case we need to contact you during the walk.
- **Latest finish time for either walk: 1400**

THE POOLE-WAU PARTNERSHIP

- The Poole-Wau Partnership is the link established in 2011 between the 21 Anglican churches of Poole and North Bournemouth Deanery and Wau Diocese in South Sudan.
- We support Wau Diocese in its educational, spiritual, humanitarian and peace-making work to serve the people and the country. This includes our ongoing support for the work of St John's College, Wau.
- You can find out more about our work from our website www.poolewaupartnership.com.

SAFETY MATTERS

- Bring plenty of **water** with you to keep hydrated en route.
- **Use sunscreen** and **wear a hat**.
- **Bring a mobile phone** and give us the number in case we need to contact you during the walk.
- There are no age limits for entrants but **children under 16 should only walk if accompanied by an adult**. Please make sure children can manage walking the distances before including them.
- Where the route uses a pavement next to a road, take extra care and **be aware of traffic**.

OTHER DETAILS

- For the 7-mile walk, there will be a refreshment stop at **St James' Church** in Poole, about halfway round the walk, where tea, coffee or cold drinks and biscuits will be served from **1030 to 1200**.
- For the 3-mile walk, a wide range of refreshments is available at the **Upton Country Park café** (though you will have to pay for them).
- **Pizza and ice cream** will be provided in the Parish Lounge at St Dunstan's Church after the walk from approximately **1300** and there will also be a short update on our activities over the past year at about **1345**.
- The shorter walk should present few navigational problems as paths in Upton Country Park are well signposted. However, you are advised to do the 7-mile walk only if you are confident you can find your way. If you do have problems finding the route, you will be given a phone number to call if you need advice.
- Toilets are available at St Dunstan's Church, Upton Country Park car park, St James's Church and Poole Quay.
- There is free parking at St Dunstan's Church, Upton.
- You are welcome to walk in small groups, but please be considerate of other users of paths and pavements.

REGISTRATION & SPONSORSHIP

- Register by e-mailing Mark Rathbone at mark.rathbone@phonecoop.coop or phone him on 07974-065221. It really is helpful for catering purposes if we have a clear idea in advance of how many people intend to participate in the walk.
- Download a **Sponsor Form** from the Events page of our website: www.poolewaupartnership.com/events.html.
- **Start finding sponsors now!** You can do this in person by, for example, politely approaching friends over coffee after church armed with a pen and your sponsor form, or try emailing friends and relatives – they don't have to live in Poole to support our work in this way.
- If you are unable to walk yourself, please consider sponsoring someone who is taking part. If you do not know anyone who is walking, why not treat this as a **Gift Day** and just support PWP using one of the methods of giving below?
- Sponsors can transfer the money direct to PWP or give it you to pass on to us.
- **Methods of giving:** please ensure your sponsorship form is returned to us and pay your donations by one of the methods below. Our postal address is:
The Poole-Wau Partnership, St Dunstan's Church Office, Poole Road, Upton BH16 5JA.
 - **Bank Transfer:**
 - Account Name: Poole-Wau Partnership Charitable Trust
 - Account Number: 65577730
 - Sort Code: 08-92-99
 - E-mail Andrew, our Treasurer, to let us know about your donation: landrewholt@gmail.com
 - **Cheque or voucher:**
 - Make payable to '**Poole-Wau Partnership Charitable Trust**' and send to the address above.
 - **Giving accounts:**
 - Either send a donation voucher (as above) or donate via your online account.
 - We are registered with the Charities Commission for England & Wales as 'Poole-Wau Partnership Charitable Trust', no.1147425.
 - **Debit or Credit Card:**
 - Please do NOT use Peoples Fundraising to pay Holes Bay sponsorship money. It confuses our process for gift-aid claims, thank you.
- Please encourage your sponsors to **Gift Aid** their donations by ticking the box on the sponsorship form. This enables Poole-Wau Partnership to recover 25p from the Treasury for each £1 donated – at no cost to your sponsors. It is only available for sponsors who are UK taxpayers.